

# THE CONFLICT TRANSFORMATION ZONE

## Leadership Training with Jamie Leno Zimron

Corporate Speaker, Aikido Master, LPGA Pro, Somatic Psychologist

**Managing conflict well is crucial for businesses and relationships to flourish.**

*Stress & Conflict feed each other, impacting biochemistry, brain function, emotions, behaviors. Conflict can be a costly destructive force ... or become a rich transformative resource.*

**IT ABSOLUTELY PAYS TO LEARN TO  
'DO CONFLICT WELL!'**

### ***Into The Body, Through The Mind & Beyond-The-Box to The Conflict Transformation Zone***

- **Clarify values** to create cultures for people to safely express their diverse ideas & talents, working respectfully in productive alignment
- **Monitor Your Messages:** Know what your words, tone of voice & body language are saying
- **Aikido: Centering, Grounding, Connecting.** Non-Resistance, Blending & Creative Harmony
- **Non-Violent Communication + Neuro-Leadership:** Insights & Skills
- **Listening, Speaking & Meeting Needs:** Ways That Work!
- **De-Escalation and Releasing Techniques**
- **Practicing & Applying** in real-life conflicts

*Upgrade health, teams, performance with Jamie Sensei's powerful synthesis of holistic self-mastery skills.*

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**The KiAi Way®**  
Peaceful Empowerment